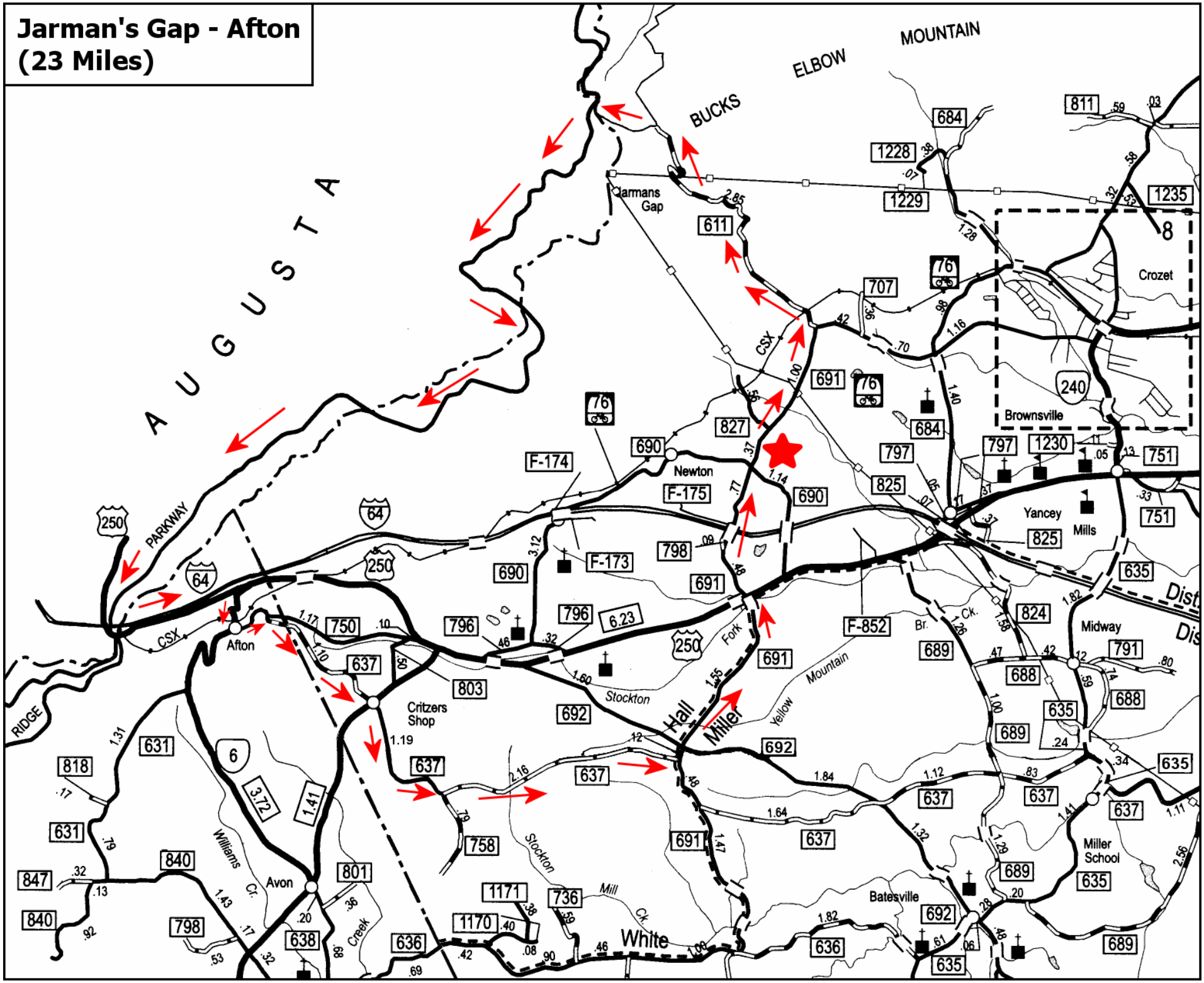Jarman's Gap - Afton (23 Miles)